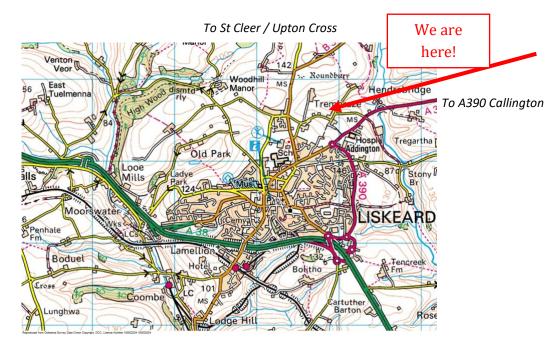
Fitfile Healthcare Ltd.

DO NOT RELY ON SAT-NAV! IT IS LIKELY TO TAKE YOU TO THE WRONG LOCATION OR VIA A VERY NARROW ROUTE!

The clinic address is Fearnley, Tregay Lane, Liskeard. Cornwall. PL14 6RQ.

Please follow directions and parking advice overleaf

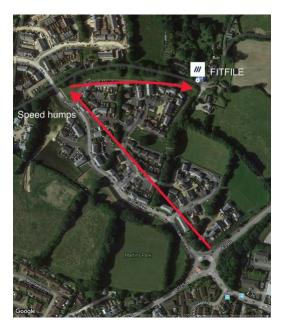
Google maps and Apple maps are reliable but sat-navigation can be very unreliable.



To A38 Bodmin

To A38 Plymouth

Written directions are on the next page. You can access Tregay Lane from the new housing development by Persimmon Homes named 'Trevethan Meadows' the main road into the area is 'Carlton Way'.



To A390 towards Callington

To Liskeard town area.

To A390 towards A38 Plymouth/ Bodmin



From Carlon Way turn right into Tregay Lane at this crossing point.

Unfortunately, there are no road signs!



Please park on Tregay Lane right outside the wall of 'Fearnley'.

Enter the clinic on the left [white door] with 'Fitfile' sign.

Please do not obstruct our neighbours red garage door.

We strongly advise the following route:

From A390 'Clemo Road' near Aldi or the Hospital travel north on the A390 [direction Callington] to the roundabout at Clemo Road / A390 / Addington Road / Carlton Way.

Take the exit into <u>Carlton Way</u> [into the new Persimmon Homes development called 'Trevethan Meadows']. Travel down through Carlton Way until you reach speed humps in the road at the crossing point with Tregay Lane [photograph top of page]. Turn sharp right into Tregay Lane [this looks like a footpath and there are no road signs!] After 300m and we are located on the left at a property named 'Fearnley' (a white house on the lane with a blue front door.)

Fitfile Healthcare Ltd. Liskeard Tel: 01579 344244 www.fitfilehealthcare.com email: fitfile@icloud .com